Please sign in using the chat with your name, library and email. Thanks!

UMATILLA COUNTY
SPECIAL LIBRARY
DISTRICT
Strengthening our community libraries

Autumn All-Staff In-Service

November 5, 2021 ~~ 8:30 – 3:00

MAKING A DIFFERENCE IN THE COMMUNITY'S HEALTH

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MAKING A DIFFERENCE IN THE HEALTH OF THE COMMUNITY

Agenda

- 8:30—9:00   Gather—Sign in

- 9:00—9:30   Introductions

- 9:30—10:30   Dr. Noah Lenstra
      Author of *Healthy Living at the Library*

- 10:30—10:45   Break

- 10:45—12:00   Healthy Programs Presentations

- 12:00—12:30   Lunch

- 12:30—1:30   Jill Boyd of GOBHI
      Best Practices with Communities
      Experiencing Homelessness

- 1:30—1:40   Break

- 1:40—1:55   Movement with Michelle
      Miller

- 1:55—2:30   Professional Development
      Presentations

- 2:30—3:00   Erin McCusker, UCSLD

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INTRODUCTIONS

WHAT IS YOUR FAVORITE HEALTHY HABIT?

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HEALTHY LIVING AT THE LIBRARY
DR. NOAH LENSTRA

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BREAK

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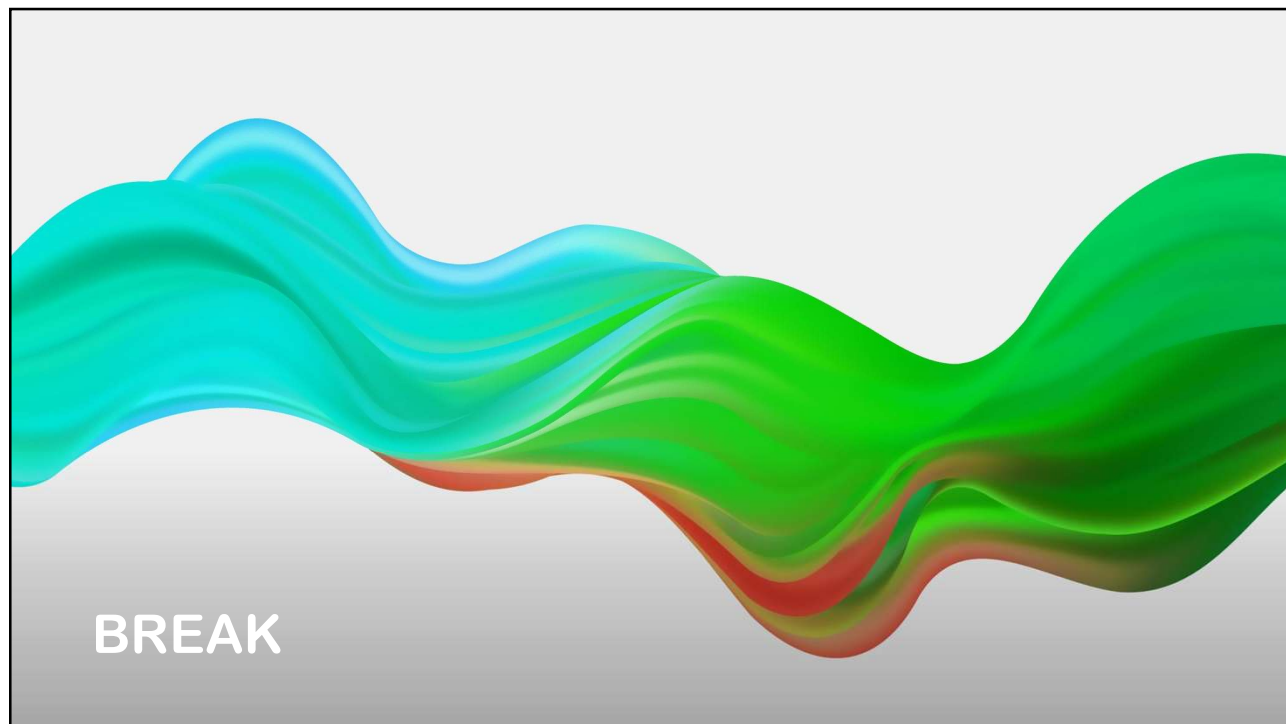# HEALTHY LIBRARY ACTIVITIES

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LUNCH

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JILL BOYD – PRIMARY CARE TRANSFORMATION COORDINATOR - GOBHI

8

BREAK

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PRACTICE
WITH
MICHELLE

MICHELLE HAS AN MS IN ZOOLOGY AND IS
A NIA BLACK BELT. SHE TEACHES
BIOLOGY AND HUMAN A & P AT BLUE
MOUNTAIN COMMUNITY COLLEGE.
MICHELLE HAS BEEN TEACHING NIA
SINCE 2007 AND YOGA SINCE 2014. SHE
AIMS TO HELP PEOPLE FIND THEIR INNATE
JOY THROUGH A MOVEMENT PRACTICE
THAT PROMOTES AUTHENTICITY,
HEALING, PLAY, SUSTAINABILITY AND A
DEEP SENSE OF GRATITUDE.

PRACTICEWITHMICHELLE@GMAIL.COM

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PROFESSIONAL DEVELOPMENT PRESENTATIONS

- **Sharing what we learned:**
  - **Anna Lemmon**
  - **Cecili Longhorn**
  - **Kristin Williams**

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UMATILLA COUNTY
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LOOKING AHEAD WITH THE UCSLD

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STAY TUNED

- City-District Agreements Renewal
- Community Needs Assessment
- New Strategic Plan
- New Take Off! vehicle
- Board is reviewing policies and updating them
- Planning for next Summer's Passport Program
- New place for the EO Library Column – in the Go insert once a month
    - Please send your events - what, when, who, where, and other details by the 15th of each month for it to be included for the next month.
- Statistical reports due to UCSLD by 11/10!

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CLOSING & THANK YOU!

AN EVALUATION LINK WILL BE SENT TO ALL WHO ATTENDED!

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